

SUMMER PROGRAM



SOCIAL

EAST COBURG

Coffee and Chat
Mon 10 am-12 pm

East Coburg Community choir
Tue 5.30-7.30 pm

Community Lunch
Fri 12.30 pm-2 pm

NEWLANDS

Carers Singing Wed 6 pm -7.30pm All abilities welcome
To book call Deb at Carers Link 9495 2500
26 Feb, 11 Mar, 25 Mar

Seniors Walking Group - Dogs welcome
Thu 13 Feb 7 pm-7.30 pm
Thu 12 Mar 7 pm-7.30 pm



MOVE

EAST COBURG

Morning Yoga
Sat 8.30 am – 9.30 am

Evening Yoga
Wed 7.30 pm - 8.30 pm

Alexander Technique Workshops
Wed 4 February
Sunday 9 February

NEWLANDS

Yoga with Simona
Mon 6.30 pm -7.30 pm

Yoga with Simona
Tue 6.30 pm -7.30 pm

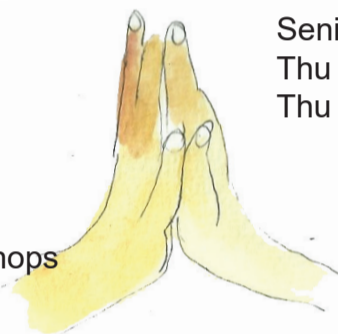
Mums & Bubs Yoga
Wed 1.45 pm - 2.45 pm

Parents Yoga
Thu 12 pm -1.15 pm

Tai Chi with Wai Chun
Mon 7.45 pm -8.45 pm - All
Thu 9.30 am -10.30 am - Intermediate
Thu 10.45 am -11.45 am - Beginner

Inclusive Yoga (Chair Yoga)
Fri 12 pm -1 pm

Kids Yoga for primary school children
Wed 4.30 pm - 5.30 pm.



CONNECT

NEWLANDS

Coburg Open Circle Wed
Fortnightly from 22nd Jan - 6.30 pm -9.30 pm

Amaze (Autism Spectrum Support Group)
3rd Wed of the Month 9.30 am - 11.30am

MS Peer Support group
1st Wed of the Month 12.30 pm – 3 pm

Playgroup Mon 9.30-11.30am
Spanish Playgroup Tue 9.30 am -11.30 am
Chinese Playgroup Fri 9.30 am -11.30 am
Sensory Play Fri 2.15 -3.15 pm

EAST COBURG

Community Tech Help
Wed 1pm – 3pm

Coburg Writers Group
Wed 6.30 pm - 8.30 pm

East Coburg Playgroup
Thu 10 am – 12 pm

Open Studio
Fri 10 am-12 pm
For artists living with a disability



LEARN

EAST COBURG

Kids Guitar Wed 4 pm – 5 pm
Adults Guitar Wed 6 pm – 7 pm

Queers Draw This Fri 6 pm – 8 pm

Sewing for Kids
Sat 10.30 am - 12.30 pm (Beginner)
Sat 1 pm – 3 pm (Intermediate)

NEWLANDS

White Gum Potters Thu 3 pm – 6 pm

Kids Spanish (aged 2.5-4)
Thu 9.30 am -10.30 am

Women's Guitar
Tue 1 pm-2 pm
Thu 7 pm-8 pm

Astronomy Group with Bob
8 Feb 8.30 pm - 9.30 pm
27 Mar, 8.30 pm - 9.30 pm

Pruning Workshop 27 Feb 1.30 pm-3.30 pm
Gardening Calendar 26 Mar 1.30 pm-3.30 pm



FOR MORE INFORMATION ABOUT EACH PROGRAM OR TO BOOK
VISIT US, CALL OR BROWSE

www.necchi.org

ARTWORK CREATED BY THE BRILLIANT CLAIRE MOSLEY
Coburg based artist and creator www.clairemosley.com



OUR GARDENS NEED YOU!

NEWLANDS

Fortnightly Garden
Thursday 1.30pm-3.30pm

All Abilities welcome



EAST COBURG

Weekly Gardening
Friday 10am-12.30pm

Community lunch provided



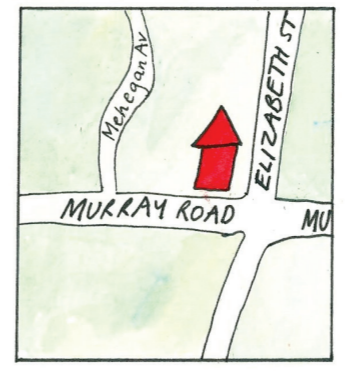
East Coburg & Newlands
Neighbourhood Houses

A place where awesome things happen

 @eastcoburgandnewlands
  @eastcoburgandnewlands

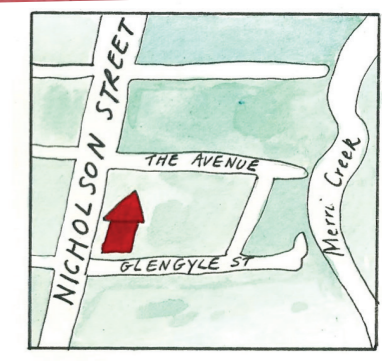
OUR NEIGHBOURHOOD HOUSES AIM TO
BUILD A STRONGER, HAPPY COMMUNITY

NEWLANDS NEIGHBOURHOOD HOUSE



20 Murray Rd, Coburg North
Hours : 10-4pm daily
Contact : 8528 2332

East Coburg Neighbourhood House



32 Nicholson St, Coburg
Hours : 10-4pm daily
Contact : 9913 5472

EAST COBURG

Roving Refills

Last Thursday of the Month
Thursday 5pm – 7.30pm

BYO bottles, containers, jars



NEWLANDS

Community Climate Action Series

Feb 8th -2-4pm
Launch of the 2020 season of events and actions



EAST COBURG

Kids in the kitchen
School Holiday Program


Tuesday 31 March
Easy Pizza
Tuesday 7 April
Rice paper rolls
Thurs 2nd April
Kids Breadmaking 10-12.30pm

FOR MORE INFORMATION OR TO BOOK
www.necchi.org

EAST COBURG

Self Defence for Women + Non Binary People

Friday 6-8pm 7 February
Friday 6-8pm 27 March



EAST COBURG

Fermentation + Sourdough Workshop Series

Thursday 7-9pm in Jan, Feb and March

